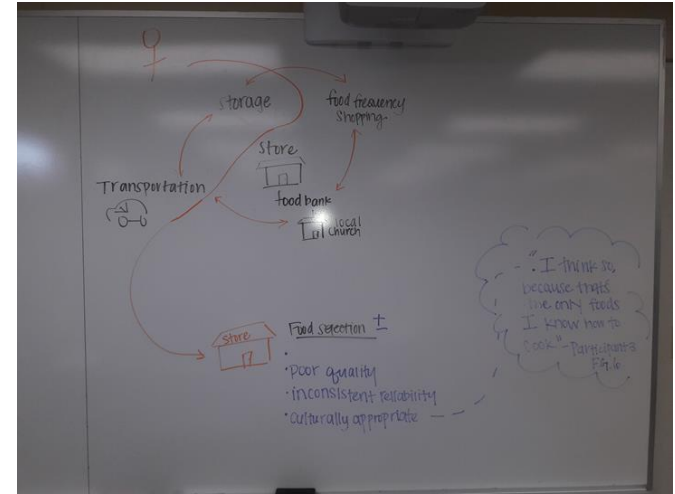


Barriers to Accessing Healthy Food in Vallejo



TOURO UNIVERSITY
CALIFORNIA



Affordability

“[Small, local grocery stores] are my closest stores, we only do small shopping there as things are *pricier*.”



Lack of Full-Service Grocery Stores

“Like I said when you shop in American Canyon, American Canyon gets your money. Vallejo needs your money so ***you need to shop in Vallejo*** so you can have your money. What happened when they took Walmart from here? Vallejo went down.”



Poor Food Quality

“This town should have a health food store and organic market like Marin County where I’m from, but I don’t see any other place here where I can pick up that kind of food. Raley’s is going out (of business), you know, they had real good quality stuff there.”



Lack of Access to Healthy Food as a Barrier to Healthy Eating

“Especially *when I want fresh juice* and I can’t go *then I have to get canned.*”



Strategies & Recommendations

- More full-service grocery stores in Vallejo
- Community gardens
- Cultural/language accessible community programs
- Explore a worker-owned food cooperative in Vallejo
- Community participation and “voices” engaged in program development