

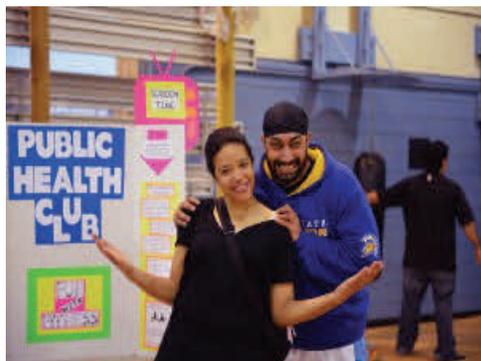
TO SERVE, TO LEAD, TO TEACH



TOURO UNIVERSITY
CALIFORNIA

PUBLIC HEALTH PROGRAM

DOCTOR OF OSTEOPATHIC MEDICINE / MASTER OF PUBLIC HEALTH



TUC public health students show their enthusiasm during the annual Teen Life Conference, held on the TUC campus for Vallejo-area teenagers and their families.

The Master of Public Health (MPH) degree at Touro University California (TUC) trains students to become **leaders** in addressing the current and emerging public health challenges of populations locally and globally.

The Doctor of Osteopathic Medicine (DO)/MPH Dual Degree at TUC is available to those concurrently enrolled in the College of Osteopathic Medicine (COM).

The discipline of osteopathic medicine –with its traditional emphasis on treating the **whole person**, education, and prevention –is particularly well-suited to complement public health in its mission to promote and protect individual and population health.

WHY A DUAL DEGREE?

Physicians with MPH degrees enjoy a wide range of career choices:

- Leadership positions with health departments, federal and international agencies, managed care organizations, medical care providers, schools of medicine, and public health;
- Performing clinical research;
- Planning and implementing disease prevention and control strategies; and
- Consulting in global health programs and research.

WHY A DUAL DEGREE at TUC?

There are many advantages to getting your MPH degree while concurrently obtaining your DO degree in COM:

- * The TUC Public Health Program is dedicated to reducing health disparities in local and global communities with an unwavering focus on **social justice**.
- * While the full MPH degree is 42 units of study, as a dual degree student you complete **30 units** within the Public Health Program, and the remaining 12 units are transferred from the DO curriculum and cover related cross-over content.
- * The TUC Public Health Program is **accredited** by the Council on Education for Public Health (CEPH), which indicates program quality.
- * Certain professional positions and fellowships are **only open** to those with degrees from CEPH-accredited programs.

"My experience as a DO/MPH student has broadened my perspective on the field of medicine, such that when it becomes time for me to practice I will be able to treat, not only the person sitting before me, but the larger community of which we are all a part."

Kyle Stephens, DO/MPH '14



Dual degree students taking a break from class

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DO/MPH CURRICULUM

Fifteen units are in the **5 core public health disciplines**: Biostatistics, Epidemiology, Environmental Health Science, Health Policy and Management, and Social and Behavioral Sciences. Students take 10 units in their specialty track, **Community Health** or **Global Health**, 4 units of field study, and 1 unit for the Certified in Public Health (CPH) exam, which is offered by the National Board of Public Health Examiners.

The **COMMUNITY HEALTH TRACK** prepares students to respond to the health needs of communities, especially those communities that face unique vulnerabilities due to current and historical policies and practices.

Community Health Track students take:

- Health Disparities and Community Organizing
- Health Education and Promotion
- Program Evaluation and Needs Assessment
- Research Methodology

Students then complete a 6-week domestic field study, in locations such as **San Quentin State Prison**, the **Solano County Health Department**, or **La Clínica de la Raza**, and take the CPH exam.

The **GLOBAL HEALTH TRACK** prepares students to be global health advocates and leaders. Our curriculum reflects the realities of health around the world and reinforces the links between countries at different stages of economic development.

Global Health Track students take:

- Essentials of Global Health
- Emerging Health Threats
- Program Evaluation and Needs Assessment
- Research Methodology

Students then complete a 6-week international field study in **Ethiopia**, **Cambodia**, or **Bolivia**, and take the CPH exam.



TUC public health students on their field study in Cambodia

OPTIONS FOR DUAL DEGREE STUDY

The Program's [academic calendar](#) is divided into semester sessions - from August to December (Fall), January to May (Spring), and June to August (Summer). Students may pursue the dual DO/MPH degree in one of two ways:

- * **Begin public health courses the summer before entering COM.** The didactic coursework will be completed during that first summer and the summer after the first year of COM. Students may then take the CPH exam, and complete their public health field study during rotations; **or**
- * **Add a 5th year to the four years in COM.** Students take a leave of absence from COM after completing their second year and boards, and spend a year immersed in public health. All didactic coursework is completed during the year, and the field study is completed during rotations.

There are two benefits to the 5th year option: **1)** if you are interested in completing a Capstone Thesis Project rather than taking the CPH exam, this gives you the time to work closely with a faculty member; and **2)** if you are unable to start the MPH program the summer before starting COM, you can still take advantage of the streamlined nature of the program, requiring only 30 additional units within the MPH Program.

CONTACT INFORMATION:

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