

**Alumni Hero**  
**Kyla Simpson-Ehrenreich, PA-C, MPH**



Originally from Vermont, Kyla ventured west to the University of Colorado in Boulder where she studied Biology and fulfilled her love for the outdoors! She pursued her Masters in Physician Assistant studies and Masters in Public Health at Touro University in Vallejo, California. Today, as both a clinician and a public health provider, she continues to focus on innovative and effective methods of inspiring and motivating our communities' families toward a healthier state of being. In her free time, Kyla enjoys running, bicycling, hiking and swimming and spending time growing and harvesting fruit and veggies with her husband in their garden in Sebastopol.

Kyla is the founder of the Petaluma Loves Active Youth (PLAY) program at the Petaluma Health Center. The PLAY program is a health and exercise curriculum that provides parents and children with integrative nutrition education, farm-based education, and cooking skills, as well as eight weekly Petaluma Bounty Farm produce boxes. It is a timely health intervention that empowers children and their families to make healthier choices, lead more active lives, and seek out support when needed.