Psychiatric & Behavioral Medicine Learning Objectives

The following pages outline the learning objectives for this clinical experience. They are designed to guide students in their clinical activities and supplemental reading. It is not the Program’s intention that students will be exposed to this complete list of objectives during the clinical experience. This section is designed to assist students in their preparation for the Primary Care I - III end-of-rotation exams.

LEARNING OBJECTIVES FOR MEDICAL KNOWLEDGE

Upon completion of this clinical experience, the student will be expected to competently recognize and apply knowledge to compare, differentiate and evaluate the:

- etiology, epidemiology, risk factors and pathophysiology (if appropriate)
- clinical manifestations
- differential diagnosis
- assessment (including recommendation and interpretation of laboratory, diagnostic and radiological studies/findings)
- management (including pharmacological/ non-pharmacological, patient education, procedural and/or necessary referrals)
- prognosis, complications and prevention

of the following diseases/disorders/symptoms:

Anxiety disorders:
- generalized anxiety disorder, obsessive compulsive disorder, panic attacks, PTSD, phobias, agoraphobia

Mood disorders
- including but not limited to major and minor depression, dysthymia, bipolar disorders

Suicide/violence
- ideation

Personality disorders

Delirium, Dementias, Amnesic and other Cognitive Disorders

Substance-Related Disorders
- Alcohol, opioid, nicotine, anxiolytics/hypnotics, stimulants/depressants
- Use/Abuse/Dependence/Addiction
- Approach to patient
- Education and management options for cessation

Somatoform Disorders
Sexual Dysfunction Disorders

Sleep Disorders
insomias, hypersominia, restless leg syndrome, narcolepsy

Adjustment Disorders

Grief and bereavement
Normal and complicated/prolonged grief

Behavioral Change
Stages of readiness for behavioral change
How a patient’s stage influences the approach to management
Strategies to promote behavior change

Recognize the definition or a clinical presentation of:
projection
reaction formation
counter transference
denial
repression
delusion
hallucination
addiction
dependence
tolerance
withdrawal
drug abuse
Anhedonia
Mania
Psychomotor agitation and retardation

Upon completion of this clinical experience, the student will be expected to recognize the risk factors, epidemiology, clinical manifestations, differential diagnosis and diagnosis of the following diseases/disorders/symptoms. The student will be expected to identify the appropriate referrals and legal reporting criteria for the following disorders/diseases/symptoms.

Acute suicidality
Acute Homicidality
Acute Manic episode
Dissociative Disorders
Delusional Disorder
Depersonalization Disorder
Schizophrenia and Other Psychotic Disorders
Factitious Disorders

Issues Surrounding Sexuality and Gender
Identification
Eating Disorders
Domestic & family violence
Child abuse and neglect
Sexual abuse & rape
Violence
LEARNING OBJECTIVES FOR PHARMACOTHERAPEUTICS

Students will also be expected to discern the properties of the following drug or drug classes including mechanism of action, interactions, contraindications, and side effects. Students will also be expected to discern the appropriate patient educations and necessary follow up required for the following drugs or drug classes.

- Antidepressants: including SSRIs, SNRIs, TCAs, other
- Anti Anxiety meds: SSRIs, benzodiazepines, other
- Antipsychotics: to include typical and atypicals
- Mood stabilizers
- Meds to treat sleep disorders including insomnia and narcolepsy
- Beta Blockers
- Agents for drug dependence (Alcohol, opiate, nicotine)
- Stimulants
- diphenhydramine
- Antinausea meds
- Clonidine

LEARNING OBJECTIVES FOR DIAGNOSTICS

Students will be expected to appropriately recommend, interpret the findings, and recognize the indications/clinical significance of the following diagnostic studies. In addition students will be expected to discern appropriate management (including counseling and informed consent) when abnormalities are found in the following routine tests, and recognize the potential complications for each:

Toxicology screens
Therapeutic drug levels
Head CT and MRI
MMSE
TSH

END OF PSYCHIATRIC & BEHAVIORAL MEDICINE LEARNING OBJECTIVES